

Troop 52 Spring/Fall Weekend Backpacking Packing List

Personal Equipment Checklist

Packing

Check/Double Check

- _____ Pack with padded hip
- External frame – min.3,800 cu. inches
- Internal frame – min.4,000cubic inches
- _____ Pack cover – waterproof
- _____ 6-12 1-gallon Zip lock bags (to pack clothes)

Sleeping

- _____ Sleeping bag with stuff sack (at least 20 degree)
- _____ Sleep clothes – worn only in sleeping bag (t-shirt + gym shorts)
- _____ Straps to hold sleeping bag to pack (if external frame)
- _____ Sleeping pad (closed foam or Therma-rest style)

Clothing (NO COTTON !)

Layer A (Hiking clothes)

- _____ Hiking boots – well broken in
- _____ 2 pair wool hiking socks
- _____ 2 pair of sock liners
- _____ 2 changes of underwear (unless using shorts with mesh)
- _____ 1 hiking shorts or pants (zip off)
- _____ 2 short sleeve shirts (Polypropylene preferred)
- _____ 1 hat – flexible with brim

Layer B (cool evening)

- _____ 1 long sleeve shirt (wool or acrylic)
- _____ 1 pair of long pants

Layer C (cold)

- _____ 1 sweater, light coat, or poly-fleece (no cotton)

Layer D (cold, wet, windy)

- _____ 1 Rain-suit

Eating

- _____ Bowl
- _____ Cup (optional)
- _____ Spoon
- _____ 3-4 one-liter water bottles

Personal and Miscellaneous

- _____ Small pocketknife (Totin' Chip required)
- _____ Matches or lighter in waterproof container
- _____ Headlamp (recommended) or small flashlight, with extra batteries/bulbs
- _____ Map
- _____ Compass
- _____ 2 bandanas
- _____ Money (\$10-20) in small bills)

- _____ Insect Repellent
- _____ Soap, biodegradable
- _____ Toothbrush
- _____ Toothpaste
- _____ Sunscreen (at least 15 SPF)
- _____ Ditty bag (or Zip-loc bag) for personal items in Bear Bag
- _____ First-aid kit
- _____ Toilet paper

Optional

- _____ Small towel
- _____ Camera and film
- _____ Whistle
- _____ Watch (inexpensive)
- _____ Duct tape for equipment repair
- _____ Rubber bands
- _____ Foot powder
- _____ Note pad and pencil/journal
- _____ Sunglasses
- _____ Lip Balm w/ SPF25 sunscreen

Crew Gear Issued by Troop

- _____ Dining fly
- _____ Tent
- _____ Cook kit
- _____ hot pot tongs
- _____ Extra pot
- _____ Trash bags
- _____ Dishwashing soap (biodegradable)
- _____ Scrub pads
- _____ Water purification kit
- _____ 150 foot of nylon rope
- _____ bear bags
- _____ backpacking stoves
- _____ one-quart fuel bottles and funnel
- _____ water purifiers
- _____ Camp shovels